



Your guide to: Same Day Emergency Care (SDEC)

Patient/Carer information leaflet

Building healthier lives

UHB is a no smoking Trust

Welcome to the Same Day Emergency Care Unit (SDEC)

SDEC is one of the many ways the NHS is working to provide efficient care for patients. If you present at hospital with conditions that can be rapidly assessed, diagnosed and treated on the same day, you will be cared for in the SDEC unit. It is unlikely you will need to be admitted to a ward.



Arrival

You may have been referred to SDEC from your GP, ED, an urgent care treatment centre or 111.

Please make yourself known to reception when you arrive.

Assessment

A holistic assessment will be carried out by senior clinicians, ensuring any treatment you require is started in a timely manner.

Investigations

These will depend on your condition, however you will undergo the following:

- Blood pressure, pulse and temperature
- Blood tests
- Heart tracing (ECG)

You may also have more specific tests such as an X-ray, CT scan or ultrasound scan.

Senior review

A senior clinician will provide a review and inform you of the results of our investigations.

Sometimes we may need to do some more investigations and your clinician may need to seek advice from other specialists to help decide the best treatment plan for you.

Home

We always aim to discharge you home, with a clear treatment plan in place.

You may be asked to return in the near future for a review or further investigations.



Admission

Admission is not usually required. However if you need to stay in hospital, we will find you a bed as soon as possible.

Opening hours:

Monday to Sunday, 07:00 till 17:00

Visitors

Unfortunately, due to limited space we can only allow one visitor to wait with you.

Food and drink

Although this is an outpatient service we can provide sandwiches at lunch and teatime for patients, along with biscuits and hot/cold drinks.

There is also a coffee shop/café located within the main entrance foyer.

Transport home

We ask that you make arrangements to be picked up from hospital when you are discharged. If you experience difficulties with this, please speak to the nurse in charge.

Will I be admitted or discharged?

A large proportion of patients are discharged directly from SDEC, however whether you are admitted or discharged depends on your medical examination. If you have any concerns regarding your plan of care please discuss this with the medical doctor or Advanced Care Practitioner.

What if I still feel ill after I am sent home?

Before being discharged you should have been advised what to expect, based on the condition you presented with. However, if you continue to feel unwell or your condition deteriorates, either speak to your GP or contact us at the SDEC unit for advice. **Outside of normal hours please contact 111 for urgent advice.**

Feedback

We are always happy to hear feedback about the service we have provided, please ask a member of staff for a patient experience form.

Please speak to the nurse in charge if you have any concerns about your care whilst in the Unit – the sooner we know the sooner we can try and address your concerns.

Equally, we also love to hear about what we are doing well.

Where is the pharmacy?

If you require medication, you will need to collect them from main pharmacy located near the main entrance on the ground floor (see map at the back).

Opening times: Monday–Friday, 07:00–19:00
Saturday, 10:00–17:00
Sunday, 10:00–16:00

If you require this information in another format, such as a different language, large print, braille or audio version please ask a member of staff or email interpreting.service@uhb.nhs.uk.

Same Day Emergency Care

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