

## The Colorectal MDT (Multi-Disciplinary Team)

### Introduction - The Colorectal Unit

Your doctor has referred you to the specialist Colorectal Team at University Hospital Birmingham NHS Foundation Trust. This is because there are some types of treatment and operations that can only be carried out in specialist hospitals by specialist teams. The Colorectal Specialist Team includes doctors, nurses, radiologists and others who work together to diagnose and treat you.

You may have been told that you have cancer, or you may be having tests to see if you have cancer. These may be carried out at the Queen Elizabeth, Solihull, Good Hope or Heartlands Hospitals.

We understand that this is very difficult and upsetting time for you and your family. There may be lots of issues that you wish to discuss and the Colorectal Team will always do their best to answer you and your family's questions.

**Our contact details are provided at the end of this leaflet along with some reliable sources of information and support, which we hope are useful to you.**

### Who are the members of the team?

**Colorectal Surgeon** - The doctor in charge of your overall care

He plans and carries out bowel cancer surgery and may examine your bowel through a bendy telescope from time to time. Your surgeon discusses the tests conducted on your bowel cancer with the other team members to decide on the best forms of treatment for you.

### Radiologist

A doctor who interprets the results of x-rays or body scans to show whether radiotherapy or chemotherapy is advisable.

### Pathologist

A doctor who looks at the biopsy under a microscope to make the initial diagnosis and examines the bowel removed in the operation to show whether radiotherapy or chemotherapy is advisable.

### Oncologist

A doctor specialised in cancer treatment such as radiotherapy and chemotherapy including clinical research trials. You may be offered these forms of treatment before or after surgery or if surgery is not appropriate. If you need this type of treatment an appointment with the Oncologist will be arranged for you

## Information for Patients

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### Cancer Keyworker

A Colorectal Nurse Specialist is offered as your key point of contact. They help you to understand more about bowel cancer and its treatment and they are also available to talk through your concerns such as any physical, social, practical, emotional or spiritual needs. Your keyworker can be contacted on the 24hr answer phone number provided at the end of this leaflet. You may also see other colorectal nurse specialists who work with your keyworker.

### The Colorectal Nurses provide practical support and information after diagnosis on:

- Bowel function and diet after surgery
- Managing a stoma (a temporary or permanent opening on the abdomen) if the bowel cannot be joined together during surgery. A stoma allows faeces to pass into a disposable appliance
- Follow up tests, symptoms to be aware of and how to access the service.
- Living with cancer and sources of support, access to clinical psychology and counselling services
- Cancer trials and new developments
- Access to benefits advice relating to any financial concerns

### MDT Co-ordinator

Co-ordinates the team meetings, other departments and any appointments

### Further Information

#### Concerns Checklist

Your nurse may offer to use a holistic needs assessment this is a concerns checklist completed at key points during your treatment. This helps you to prioritize any emotional, physical, social or financial issues arising from your diagnosis and ensure you can access all the services you need.

#### Free NHS Prescription

You are entitled to free prescriptions if you are:

- Undergoing treatment for cancer
- Experiencing the effects of cancer
- Experiencing the effects of treatment for cancer
- You are entitled to treatment on the NHS

#### What you need to do

- Obtain an application form (FP92A) from your GP surgery or local chemist
- Fill in the form and ask your GP to sign it. Send the completed form to the address given on the form
- You will then be sent an exemption certificate

### Further Support and Information

We want to make sure you are completely satisfied with all aspects of your care and how we communicate with you. Your feedback tells us what we are doing well and where there's room for improvement, so please let us know. We may also ask you for your opinion about your care or ask you to complete a simple questionnaire. We respect that you may choose not to provide feedback. Don't worry, that's fine too.

## Information for Patients

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### Telephone numbers

#### Heartlands and Solihull Hospital

##### Keyworker

Colorectal Nurse Specialists - 24 hour answerphone 0121 424 2730

##### Consultant Surgeons - Heartlands/Solihull Hospitals

Mr C Abraham-Iqwe	0121 424 3230
Mr G Barsoum	0121 424 4558
Mr M Bedford	0121 424 4558
Mr D Bowley	0121 424 1427
Mr M Dilworth	0121 424 4148
Mr M Dattani	0121 424 2980
Mr Dimi Stamtiou	0121 424 1427
Mr A Hawash	0121 424 3230
Mr C Hendrickse	0121 424 1427
Mr S Karandikar	0121 424 2435
Mr D McArthur	0121 424 2435
Mr S Raman	0121 424 3230
Miss Swales	0121 424 5558

##### Oncologists (cancer doctors)

Dr S Baijal 0121 424 7456

#### Good Hope Hospital

##### Keyworker

Colorectal Nurse Specialists - 24 hour answerphone 0121 424 7429

##### Consultant Surgeons - Good Hope Hospital

Mr D Browse	0121 424 7008
Mr M Chapman	0121 424 7010
Mr S Fallis	0121 424 9387
Mr S Körsgen	0121 424 7414
Mr S Pantelemonitis	0121 424 7012
Mr T Raju	0121 424 9590
Mr U Shariff	0121 424 9387
Miss Yassin	0121 424 7012
Mr H Youssef	0121 424 9387

##### Oncologists (cancer doctors)

Dr J Good 0121 424 9294

#### Queen Elizabeth Hospital

##### Keyworker

Colorectal Nurse Specialist Team – 24 hour answerphone 0121 371 4501

Nuffield House

Heritage Building (old QEH)

Edgbaston, Birmingham, B15 2TH

Email: colorectalnursingcns@uhb.nhs.uk

### Members of the specialist team

#### Surgeons

Miss S Addison Secretary	0121 371 5894
Mr S Ashraf Secretary	0121 371 5882
Professor S Bach Secretary	0121 371 5888
Professor A Beggs Secretary	0121 371 5894
Professor A Bhangu Secretary	0121 371 5888
Miss M Cunha Secretary	0121 371 5893
Mr T Ismail Secretary	0121 371 5895
Professor T Pinkney Secretary	0121 371 5888
Mr S Radley Secretary	0121 371 5894
Mr J Richardson Secretary	0121 371 5895
Mr N Suggett Secretary	0121 371 5893
Mr S Ward Secretary	0121 371 5882

#### Oncologists (cancer doctors)

Dr B Allos Secretary	0121 371 3601
Dr I Geh Secretary	0121 371 3548
Dr C Gray Secretary	0121 371 3599
Dr V Kunene Secretary	0121 371 3603
Professor G Middleton Secretary	0121 371 3573
Dr M Openshaw Secretary	0121 371 3592

### Further Information

#### Bowel Cancer UK

08450 719301

Patient Voices - support network for patients and relatives  
<https://www.bowelcanceruk.org.uk/>

#### Cancer Support Centre

0300 012 0245

Complementary therapies and local support  
Lindridge Road, Sutton Coldfield

#### Citizens Advice Bureau

08444 77 1010

For general and/or financial advice  
[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

#### Holly Trust

Bowel cancer support group  
PO Box 9725 Sutton Coldfield, Birmingham B73 5GH [www.hollytrust.org.uk](http://www.hollytrust.org.uk)

#### Macmillan Benefits

Advisor present

Alternate Tuesdays at Good Hope Hospital Sheldon Unit

Alternate Thursdays at Heartlands Hospital

#### Macmillan Cancer Line

0808 808 0000

[www.macmillan.org.uk](http://www.macmillan.org.uk)

## Information for Patients

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### **Solihull Cancer Support Group**

0121 711 1966

Meetings 2x per month at Parkway Hospital, Solihull  
C/o Patricia Hill [www.solihullcancersupport.org/](http://www.solihullcancersupport.org/)

If you require this information in another format, such as a different language, large print, braille or audio version please ask a member of staff or email [patientexperience@uhb.nhs.uk](mailto:patientexperience@uhb.nhs.uk).