Supportive and Palliative Care Team information for patients and relatives

What is Supportive and Palliative Care?

Supportive and Palliative Care is specialised care for people living with life-limiting illnesses.

Who can benefit?

- Patients with long-term, advanced or life-limiting illnesses such as cancer, heart disease, kidney disease and neurological conditions
- Families and caregivers who need support and guidance

How we help:

- Support with symptoms, such as pain, breathlessness, fatigue, nausea and anxiety
- Emotional and spiritual well-being support
- Provide guidance for making informed decisions
- Offer wider support for families and caregivers
- Advice on practical support, including financial guidance and referrals to local community services
- Support with discharge planning

Our goal:

Our goal is to help patients live well, maximising comfort, and managing symptoms for patients with life limiting illnesses.

Meet the team:

We provide care through a multidisciplinary team of experienced professionals:

- Palliative Care Consultants
- Specialist registrar - Palliative Medicine
- Clinical Nurse Specialists
- Occupational Therapists – at Birmingham Heartlands and Good Hope Hospitals

How to contact the team:

- **QEHB:** 0121 371 4548
- **BHH:** 0121 424 2442
- **GHH:** 0121 424 9900

Service improvement:

We would be grateful if you could take a few moments to complete a short survey about your experience. Your responses will remain completely anonymous and will help the Supportive and Palliative Care Team improve the services we offer.

PALS (Patient Advice and Liaison Service):

PALS provides support to patients, relatives, and carers who have questions, concerns, or need guidance. Contact PALS confidentially on **0121 371 3280** or **PALS@uhb.nhs.uk**

Accessibility

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How did we do? ☺😐☹

If you have recently used our services we'd love to hear about your experience. Please scan the QR code or follow the link to share your feedback to help us improve our services. **Thank you. www.uhb.nhs.uk/fft**